



A Sisterhood of Anglers.

Layering

Say NOOOO to cotton when layering for fishing! Cotton retains moisture and the critical component to successful layering requires moisture to be wicked AWAY from the skin.

Base Layers: This is the layer that is right next to your skin so you want it to be a moisture-wicking fabric such as wool or a polyester synthetic blend. These fabrics will pull moisture away from your body, allowing you to maintain your core temp. Heavyweight base layers have an added benefit of some extra insulation making them a good choice for colder weather. Lighter-weights are great for warmer days when sweating becomes more of the concern.

*Socks- Moisture-wicking lightweight, poly/nylon blend

Mid-layer: This is your insulating layer, trapping body heat to keep you warm. Fleece has been the proven go-to for anglers for years and merino wool and polartec are great as well. All can be found in a variety of weights which is helpful if you plan on fishing in a variety of temperatures. Consider heavy weight for colder temps and mid to lighter weight as the weather gets warmer.

*Socks- Mid-heavy weight wool for warmth

Shell Layer: Your shell layer will be your wading or rain jacket, sweat shirts, etc. This layer is going to be your protection from the outer elements such as wind, rain and snow. Your shell serves as a barrier between your body and the elements while also having some breathability. Insulated shells are best for cold, wet conditions. Windproof/water resistant will handle light rain and wind. Waterproof shells are ideal for those expecting to fish in rainy conditions. See our "Rain and Wading Jacket" section for more information and tips on choosing a rain or wading jacket.

Good brands for women's base and mid-layers:

Under Armor, Cabela's Women's Polar Weight tops and leggings/bottoms, The North Face,

Patagonia, Eddie Bauer, Smartwood BaseLayers, more out there too!